

## Water Safety - Lesson Plans

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### Activity 1 – Meet the Water Rescue Team

#### Curriculum for Excellence Experiences and Outcomes

I am learning to assess and manage risk, to protect myself and others, and to reduce the potential for harm when possible. **HWB 2-16a.**

I am investigating different careers/occupations, ways of working, and learning and training paths. I am gaining experience that helps me recognise the relevance of my learning, skills and interests to my future life. **HWB 2-20a.**

**1. Connecting the Learning** - Ask the class to recap on what they should do if they see someone in danger in or near water. (Phone 999 and ask for Water Rescue.) Explain that in this lesson they are going to find out about the Scottish Fire and Rescue Service Water Rescue Team in more detail and how they go about rescuing people in trouble in the water.

#### **2. Sharing the Learning Outcomes** -

- I can describe the members of a Water Rescue Team and their roles
- I can explain why it takes so many people to rescue someone in trouble in water

**3. Active Learning** - Use the activity to introduce the different members of the Water Rescue Team. There are pictures of each member and a short description of their role. Take time to point out all the specialised equipment that the Water Rescue Team need and what it is for. Ask the class why they think it would be dangerous for an ordinary passer-by to attempt to rescue someone in trouble in water.

**4. Demonstrating Understanding** - Divide the class into 3 or 4 groups and appoint a leader for each group. Distribute the role cards and ask the group leaders to organise their groups into 'Water Rescue Teams', giving each member a role. There can be some roles that have more than one person, e.g. The Hasty Team, The Rescuer Team, etc. Give the teams a few minutes to sort out their roles and practise explaining how their job fits within the larger team. Ask selected groups to report back to the rest of the class, if time allows.

**5. Review and Recall** - Use the following discussion points:

- Why do you think the Water Rescue Team need so many people to rescue one person from the water?
- Why do you think the Water Rescue Team only enter the water as a last resort?
- Why do you think they need a medic team?
- Why do you think the team need special uniforms?
- Who are the other Emergency Services that attend water rescue incidents?